

IF YOU HAVE A BODY



YOU NEED TO SHAPE IT UP!

We have the answer!

- Group Exercise Classes for you to join
- Personal Trainers to get you in shape
- Featuring the BEST workout in town!
- And finally, lose those extra pounds!

JOIN NOW!

2 for 1 That's right!
You and a friend
can join for one Initiation Fee!*

*Monthly dues apply based on the Membership Plan you choose.



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