



Get strong today  
**STRONG IS GOOD**

- It's today's woman
- It's independence
- It's exciting
- Best fitness value in town!

**Join Now!**

**\$18** Per Month  
Dues\*

\*Advertised dues applicable for first three months on Lifestyle I Program, at which time regular dues apply. Other membership plans available.



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Anytown, ST Zip

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