



# STRENGTH

Get strong today  
**STRONG IS GOOD**

- It's today's woman
- It's independence
- It's exciting
- Best fitness value in town!

**Join Now!**

**\$18** Per Month  
Dues\*

\*Advertised dues applicable for first three months on Lifestyle I Program, at which time regular dues apply. Other membership plans available.



1234 Fitness Lane  
Anytown, ST Zip

**000-000-0000**

[www.yourclub.com](http://www.yourclub.com)