



SPONSOR A FRIEND

There is a multitude of healthy things you can do alone, or **With a Friend!** Invite your friends! They can try any or all of the fitness activities our Club has to offer. Plus, they can meet with an instructor for a personal tour of the Club and receive a FREE Guest Workout.



1234 Fitness Lane
Anytown, State 00000

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www.yourclub.com

If the friend you bring decides to join...
You will receive this Thank You Gift:

A Fitness Club T-Shirt

As our way of saying Thanks!

And to the member sponsoring the most
new members wins the Grand Prize...

A SONY DVD PLAYER

DISCLAIMER: The member sponsoring the most new members to join by the end of this contest will win the Grand Prize. In case of a tie, a drawing will be held. Only one prize per person...no substitutes will be allowed. Referred members must give their sponsor's name upon joining and it must appear on the application to receive proper credit. New members may be individual, couple or family but count as only one. Sponsored members must be new—renewals are excluded.

During this contest, friends that you sponsor will be able to take advantage of this month's **Membership Special.**

Program Ends 3-12-06