



Call Today For Your

# **FREE** Informative Fitness CD

It's not where you're going.....  
but how you choose to take the  
journey. Learn how being healthy  
and fit is the key to  
getting the most out of each and  
every day. Call today!

**It's Yours For The Asking**  
**"Fitness Meets The GoodLife"**



1234 Fitness Lane

**000-0000**

**[www.yourclub.com](http://www.yourclub.com)**