



# Fitness Commitment Day

**Sunday, March 8th, 2 - 6 p.m.**

**Make 2003 the year that you  
make the commitment  
to your health & fitness.**

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**Just One Day Only  
Join Free 'til Spring'**

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1234 Fitness Lane

**000-0000**

**[www.yourclub.com](http://www.yourclub.com)**

\*Some restrictions apply.  
Other membership plans available.



**CMS WORLDWIDE  
CLUB GROUP  
MEMBER**