



**SPRING CLEANING**



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You're invited to  
**FITNESS EDUCATION DAY**



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Join us for a great day of fun and education. Learn about the latest in fitness. Demos, displays, refreshments & more!

**Join Now!**  
**\$18<sup>00</sup> Per**  
**Month Dues\***

\*Expires November 10th.  
Advertised dues applicable for  
first three months on Lifestyle I Program,  
at which time regular dues apply.  
Other membership plans available.



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Spring is here, and it's time to start on your fitness goals. We have the programs available to help you get off to a clean start. Call today!

**Spring Cleaning**  
**Fitness Shapeup**  
**6 Weeks For \$69<sup>00</sup>**

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