



# **SPRING CLEANING**

Spring is here, and it's time to  
start on your fitness goals.  
We have the programs available  
to help you get off to a clean  
start. Call today!



**Spring Cleaning  
Fitness Shapeup**

**6** Weeks **\$69<sup>00</sup>**  
For



1234 Fitness Lane

**000-0000**

**[www.yourclub.com](http://www.yourclub.com)**

\*Advertised dues applicable for first  
three months on Lifestyle I Program,  
at which time regular dues apply.  
Other membership plans available.

