



SPRING CLEANING

Spring is here, and it's time to start on your fitness goals. We have the programs available to help you get off to a clean start. Call today!

**Spring Cleaning
Fitness Shapeup**

6 Weeks **\$69⁰⁰**
For



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*Advised dues applicable for first three months on Lifestyle I Program, at which time regular dues apply. Other membership plans available.