



Call Today For Your

# **FREE** **Informative** **Fitness CD**

It's not where you're going.....  
but how you choose to take  
the journey. Learn how being  
healthy and fit is the key to  
getting the most out of each  
and every day. Call today!

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**It's Yours For The Asking**  
**"Fitness Meets The GoodLife"**

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1234 Fitness Lane

**000-0000**

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