



# EXERCISE

It's another word for  
**THE FOUNTAIN OF YOUTH**

- We make it fun
- Provide you with professional guidance
- Get you the results you need
- Best fitness value in town!

**Join Now!**

**\$18** Per Month  
Dues\*

\*Advertised dues applicable for first three months on Lifestyle I Program, at which time regular dues apply. Other membership plans available.



1234 Fitness Lane  
Anytown, ST Zip

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[www.yourclub.com](http://www.yourclub.com)