



**WORKOUTS
THAT WORK**

No matter! A woman or man,

Young or old, Fit or unfit...

We've got Workouts That Work.

Strength, cardio, flexibility,

or even weight loss.

We're ready to design you a

Workout That Works.



Introductory Special

\$18 **Join Now!**
Monthly
Dues *



1234 Fitness Lane

000-0000

www.yourclub.com

*Advertised dues applicable for first three
months on Lifestyle II Program.
Other membership plans available.

