



WORKOUTS THAT WORK

Too busy? No time to workout? Let us introduce you to **Workouts That Work**. A twenty minute fitness routine at a price you can afford. **Workouts That Work** will save you time and money plus are guaranteed to shape you up.

Introductory Special
\$18 **Join Now!**
Monthly Dues *



1234 Fitness Lane

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*Advised dues applicable for first three months on Lifestyle II Program. Other membership plans available.