



CMS WORLDWIDE  
CLUB GROUP  
**MEMBER**

# WORKOUTS THAT WORK

Too busy? No time to workout? Let us introduce you to **Workouts That Work**. A twenty minute fitness routine at a price you can afford. **Workouts That Work** will save you time and money plus are guaranteed to shape you up.

**Introductory Special**  
**\$18** **Join Now!**  
Monthly Dues \*



1234 Fitness Lane

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**[www.yourclub.com](http://www.yourclub.com)**

\*Advertised dues applicable for first three months on Lifestyle II Program. Other membership plans available.